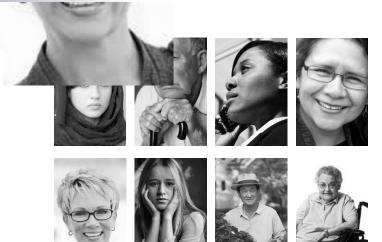


Caregiver Support Group



Do you give unpaid care to

a parent?

a spouse?

a child?

a friend or relative?

Due to

frailty or advanced age?

a chronic illness?

a mental illness?

a disability?

You are not alone!

Our free support group
offers a confidential, friendly atmosphere
for you to discuss
your experiences, and receive
helpful information in
a supportive environment.

WHEN: 3rd Thursday of each month from 1:30 pm to 3:30 pm

WHERE: The Community Room at
Our Health Centre
3769 Highway #3
Chester

FOR MORE INFORMATION:

Call Jennifer Briand at 902.521.5592 or 1.877.488.7390

www.CaregiversNS.org