



Brushing Up on Mouth Care



Oral health is an essential, but often overlooked, part of your overall health. By learning the basics of good mouth care, family & friend caregivers can play an important role in helping their care recipient to maintain good oral health.

Please join us for this informative workshop.

When: Thursday, February 15th at 1:30 pm
(Snow date: Thursday, February 22)

Where: Canadian Red Cross
133 Troop Avenue (Training Room A)
Dartmouth, NS

This is a free event but pre-registration is required by Tuesday, February 13th. Please call 902.421.7390 for more information.

