



Brushing Up on Mouth Care

Oral health is an essential, but often overlooked, part of healthy aging. By learning the basics of good oral health, family & friend caregivers can play an important role in helping their care recipient to maintain good overall health.

Please join us for this informative workshop.

When: Wednesday, Sept 28, 2:00 pm – 3:30 pm

Where: St. Philip's African Orthodox Church
34 Hankard St.
Sydney, NS

This event is FREE of charge. To register or for more information, please call Maggie Roach-Ganaway at 902.371.3883 or toll-free at 1.877.488.7390.



Caregivers
Nova Scotia
for friends and family giving care