

“Who will speak for you or your loved one if you cannot speak for yourself?”

# Advance Care Planning for Caregivers: Getting Started

Join us for this important workshop on starting the conversation about your future healthcare wishes.

**WHEN:** Thursday, September 14<sup>th</sup>, 2017  
1:30 pm to 3:30 pm

**WHERE:** Bedford/Sackville Community Health Team  
833 Sackville Drive  
Lower Sackville

This workshop is FREE but seating is limited. Please call 902.421.7390 to register or for more information.

**Registration deadline:** Tuesday, Sept 12<sup>th</sup>.

